

WESTERN LUTHERAN ATHLETIC LEAGUE TRACK & FIELD RECORDS

(Updated May 10, 2024)

GIRLS – DIVISION B

100 YARD DASH – **13.1**
Lauren Schwecke, Guardian (2002)

220 YARD DASH – **30.7**
Allison Holland, St. Matt., Westland (2007)

440 YARD RUN – **1:11.2**
Allison Holland, St. Matt., Westland (2007)

880 YARD RUN – **2:58.9**
Jessica Montgomery, Guardian (1993)

MILE RUN – **6:06.7**
Katherine MacKenzie, Guardian (2001)

440 YARD RELAY – **1:01.9**
Guardian (2001)
(Schwecke, MacKenzie, Alexander, LeDoux)

880 YARD RELAY – **2:15.2**
Guardian (1996)
(Heins, Jung, Hilden, Timm)

MILE RELAY – **5:24.9**
Guardian (1996)
(Hilden, Heins, Jung, Braun)

100 METER DASH – **13.33**
Alexis Johnson, Concordia, Redford (2012)

200 METER DASH – **29.70**
G. Goble, Northville Christian (2009)

400 METER RUN – **1:11.91**
Victoria Pereyra, St. Matt., Westland (2015)

800 METER RUN – **2:43.50**
Thea Schley, St. Michael, Wayne (2016)

1600 METER RUN – **6:07.53**
Thea Schley, St. Michael, Wayne (2016)

4 x 100 METER RELAY – **1:03.14**
Northville Christian (2017)
(Harris, Turchan, White, Wilson)

4 x 200 METER RELAY – **2:15.40**
Detroit Urban (2009)
(Competitors unknown)

4 x 400 METER RELAY – **5:10.28**
St. Michael, Wayne (2016)
(Kintz, Kintz, Schley, Schley)

HIGH JUMP – **4' 2"**
Ariel Roberts, Guardian, Dearborn (2003)

LONG JUMP – **14' 5 ½"**
Micahela Hill, Concordia, Redford (2017)

SHOT PUT – **32' 19"**
Kemyora Morris, St. Matt., Westland (2024)