

WESTERN LUTHERAN ATHLETIC LEAGUE TRACK & FIELD RECORDS

(Updated May 10, 2024)

BOYS – DIVISION A

100 YARD DASH – **11.4**
Ben Moldenhauer, St. Matt., Walled Lake (2000)

220 YARD DASH – **26.7**
Ben Moldenhauer, St. Matt., Walled Lake (2000)

440 YARD RUN – **58.0**
Andy Moldenhauer, St. Matt., Walled Lake (1998)

880 YARD RUN – **2:24.8**
Timothy Howse, St. Paul's, Farmington Hills (2002)

MILE RUN – **5:24.8**
Timothy Howse, St. Paul's, Farmington Hills (2002)

440 YARD RELAY – **53.9**
St. Matthew, Westland (2007)
(Perez, Mozham, Barikmo, Kovacs)

880 YARD RELAY – **1:57.8**
T - St. Matt., Walled Lake (1999)
(Coe, Daniels, Blouin, Woodcock)
T - St. Matt., Walled Lake (2002)
(Carlton, Jara, Palka, Willmann)

MILE RELAY – **4:46.8**
St. Matthew, Walled Lake (1999)
(Blouin, Daniels, Marijanovich, Samson)

100 METER DASH – **11.69**
Logan Manning, St. Matt., Walled Lake (2012)

200 METER DASH – **24.36**
Jake Puma, CTK, Southgate (2017)

400 METER RUN – **0:58.84**
Paul Davenport, St. Matt., Westland (2017)

800 METER RUN – **2:21.14**
Nole Lorenzen, Guardian, Dearborn (2024)

1600 METER RUN – **4:59.23**
Nole Lorenzen, Guardian, Dearborn (2024)

4 x 100 METER RELAY – **53.60**
St. Matt., Westland (2011)
(Even, Warren, Davenport, Olson)

4 x 200 METER RELAY – **1:51.58**
St. Matthew, Westland (2017)
(Boehm, Davenport, Pereyra, Talbert)

4 x 400 METER RELAY – **4:26.50**
St. Paul's, Farmington Hills (2009)
(Competitors unknown)

HIGH JUMP – **5' 6"**
Timothy Tiedje, St. Matt., Walled Lake (2022)

LONG JUMP – **17' 6"**
Ben Moldenhauer, St. Matt., Walled Lake (2000)

SHOT PUT – **41' 8 ¼"**
Ben Nocella, St. John's, Waltz (2024)